



Care Associate Martha singing Latin songs while Guillermo plays along with his Flamenco guitar music



Our own Lloyd "trying" to do a magic trick with magician Scott Hollingsworth



**SPRING CREEK VILLAGE**  
 Assisted Living  
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*Live Life WELL®*

**SEPTEMBER 2017**

*Celebrating Life Each Day...*

**HAPPY BIRTHDAY RESIDENTS!**

Mary Holder	09/04
Arlene Fugate	09/10
Thomas Askins	09/20
Ruby Powell	09/21
Erline McAndrew	09/27

**NATL ASSISTED LIVING WEEK**



## What's Happening at Spring Creek Village?



Cavita, Barbara and Mary enjoying Color Pencil Art



Marion, Erline & Phil, having fun during The Director's Special: Casino Day

Family is Forever! The theme for this year's National Assisted Living Week. This theme recognizes the unique bonds formed between those who reside in assisted living and those who work and volunteer in these assisted living communities. For many assisted living caregivers, their dedication and consideration develops into a deep emotional attachment, where staff and residents come to think of each other as family. Whether getting to know the residents inside and out, listening to their stories, spending time after hours to do something nice for them, or being there in their final moments, this National Assisted Living Week is meant to honor those caregivers who give their hearts and souls to their residents.

Assisted Living Week was established by the National Center for Assisted Living (NCAL) in 1995.

National Assisted Living Week provides a unique opportunity for residents, their loved ones, staff, volunteers and the surrounding communities to recognize the role of assisted living in caring for America's seniors and individuals with disabilities. The annual observance encourages assisted living communities around the country to offer a variety of events and activities to celebrate the individuals they serve, as well as to help educate members of the public about this distinctive aspect of long term care.

We here at Spring Creek Village always encourage our residents to *Live Life Well!*



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SEPTEMBER BIRTHDAYS

TRANSPORTATION SCHEDULE

DINING ROOM HOURS

TUESDAY & THURSDAY

Doctor's Appointments

WEDNESDAY

Trip Day

FRIDAY

Grocery Shopping

BREAKFAST 8:00 AM

LUNCH 12:00 PM

DINNER 5:00 PM

\* ACTIVITIES ARE SUBJECT TO CHANGE

Community Events Entertainment Special Activities Trips

1  
10:00 Grocery Shopping: "WALMART"  
1:00 Bingo Bash!  
2:00 Sittercise  
3:00 Party in the Parlor: Happy Hour! w/Bill Parish  
4:00 Dominoes  
6:00 Farkle

2  
10:00 Let's Get Physical Exercise w/Mike  
11:00 Bingo Bash!  
1:00 Shuffleboard  
2:00 Five Card Draw  
3:00 Popcorn Social & Pictionary  
4:00 Dominoes  
6:00 Creative Coloring Social

3  
10:00 Bowling  
11:00 Bingo Bash!  
1:00 Sunday Afternoon Matinee: "Sound of Music"  
3:00 Sundae's on Sunday  
4:00 Cultivating Care & Kindness  
6:00 Board Puzzle Social

4  
10:00 Sittercise  
11:00 Bingo Bash!  
1:30 Genesis Hearing: Hearing Aid Cleaning  
2:00 Hollywood Legends: Marilyn Monroe  
3:00 Arts & Crafts: Color Pencil Art  
4:00 Dominoes  
6:00 Farkle

5  
10:00 Stretch & Strength Class  
10:15 Catholic Communion  
11:00 Bingo Bash!  
1:00 "Senior Discount Day" @ Walgreen's  
2:00 This Day In History  
3:00 RESIDENT BIRTHDAY CELEBRATION w/ Tracy Pace  
4:00 Dominoes

6  
OLD TOWN SPRING  
10:00 Chair Aerobics  
11:45 LUNCH BUNCH: Puffabellys in Old Town Spring  
11:00 Bingo Bash!  
1:00 Arm Chair Travel: Australia  
4:00 Dominoes  
6:00 Yahtzee  
FULL MOON

7  
10:00 Stretch & Strength Class  
11:00 Bingo Bash!  
2:00 Bible Study  
3:00 Men's Group: Presidential Trivia  
4:00 Dominoes  
6:00 UNO Card Game

8  
10:00 Grocery Shopping: "KROGER"  
1:00 Bingo Bash!  
2:00 Sittercise  
3:00 Party in the Parlor: Happy Hour! w/Guillermo Serpas  
4:00 Dominoes  
6:00 Farkle

9  
10:00 Let's Get Physical Exercise w/Mike  
11:00 Bingo Bash!  
1:00 Shuffleboard  
2:00 Five Card Draw  
3:00 Popcorn Social & Pictionary  
4:00 Dominoes  
6:00 Creative Coloring Social

10  
10:00 Bowling  
11:00 Bingo Bash!  
1:00 Sunday Afternoon Matinee: "His Girl Friday"  
3:00 Connecting With Grandkids: Ice Cream Social  
4:00 Worship Service: "Resurrection Lutheran Church"  
6:00 Board Puzzle Social

11  
10:00 Sittercise  
11:00 Bingo Bash!  
2:00 Hollywood Legends: Jimmy Stewart  
3:00 Arts & Crafts: Make a Family Tree  
4:00 Dominoes  
6:00 Farkle  
PATRIOT DAY

12  
10:00 Stretch & Strength Class  
10:15 Catholic Communion  
11:00 Bingo Bash!  
1:00 SPECIAL PRESENTATION: Scams on the Elderly w/ Ken Latimer & The BBB  
3:00 Cooking Club: Chocolate Dipped Strawberries  
4:00 Dominoes  
6:00 Skip Bo  
NATL ASSISTED LIVING WEEK

13  
THE FUNERAL MUSEUM  
10:00 Chair Aerobics  
11:00 Bingo Bash!  
1:00 OUTING: The Funeral Museum  
1:00 Arm Chair Travel: Greece  
4:00 Dominoes  
5:00 "Action Station" w/ Chef Eddie  
6:00 Friends & Family Bingo Night

14  
10:00 Stretch & Strength Class  
11:00 Bingo Bash!  
2:00 Bible Study  
3:00 SPECIAL PRESENTATION: The Umbrella of Dementia w/ Holly Haynes  
4:00 Dominoes  
6:00 UNO Card Game  
NATL ASSISTED LIVING WEEK

15  
10:00 Grocery Shopping: "HEB"  
1:00 Bingo Bash!  
2:00 Sittercise  
3:00 DIRECTOR'S SPECIAL: Shake, Rattle & Roll w/Elvis!  
5:00 Indoor Family Picnic  
6:00 Farkle  
NATL ASSISTED LIVING WEEK

16  
10:00 Let's Get Physical Exercise w/Mike  
11:00 Bingo Bash!  
1:00 Show & Tell  
2:00 Penny-Ante Poker  
2:30 ONE WOMAN ACT: Discovering Your Place In The Universe w/ Mary Mann  
4:00 Dominoes  
6:00 Creative Coloring Social  
NATL ASSISTED LIVING WEEK

17  
10:00 Bowling  
11:00 Bingo Bash!  
1:00 Sunday Afternoon Matinee: "The Last Time I Saw Paris"  
3:00 Sundae's on Sunday/Piano Recital w/ Brenda Gille  
4:00 Cultivating Care & Kindness  
6:00 Board Puzzle Social

18  
10:00 Sittercise  
11:00 Bingo Bash!  
2:00 Hollywood Legends: Cary Grant  
3:00 Arts & Crafts: Color Your Own Tote Bag  
4:00 Dominoes  
6:00 Farkle

19  
10:00 Stretch & Strength Class  
10:00 Flu Shot Clinic  
10:15 Catholic Communion  
11:00 Bingo Bash!  
1:00 Men's Club Meeting  
2:00 Spa Time Nails w/ Avon  
3:00 Cooking Club: "Meatballs"  
4:00 Dominoes  
6:00 Skip-Bo

20  
RED ROBIN  
10:00 Chair Aerobics  
11:45 LUNCH BUNCH: Red Robin  
11:00 Bingo Bash!  
1:00 Arm Chair Travel: Hawaii  
4:00 Dominoes  
6:00 Yahtzee  
ROSH HASHANAH - SUNDOWN

21  
10:00 Stretch & Strength Class  
11:00 Bingo Bash!  
2:00 Bible Study  
3:00 Men's Group: Wood Craft Model Cars  
5:00 Dining Around The World: Greece  
4:00 Dominoes  
6:00 UNO Card Game  
INTERNATIONAL PEACE DAY

22  
10:00 Grocery Shopping: "WALMART"  
1:00 Bingo Bash!  
2:00 Sittercise  
3:00 Party in the Parlor: Happy Hour! w/Patti Adams  
4:00 Dominoes  
6:00 Farkle  
AUTUMN BEGINS

23  
10:00 Let's Get Physical Exercise w/Mike  
11:00 Bingo Bash!  
1:00 Shuffleboard  
2:00 Five Card Draw  
3:00 Popcorn Social & Pictionary  
4:00 Dominoes  
6:00 Creative Coloring Social

24  
10:00 Bowling  
11:00 Bingo Bash!  
1:00 Sunday Afternoon Matinee: "The Harvey Girls"  
3:00 Sundae's on Sunday  
4:00 Worship Service: "Resurrection Lutheran Church"  
6:00 Board Puzzle Social

25  
10:00 Sittercise  
11:00 Bingo Bash!  
2:00 Hollywood Legends: Kathryn Hepburn  
3:00 SPECIAL PRESENTATION: "Georgia O'Keeffe" w/ Robert Landau  
4:00 TOWN HALL MEETING  
6:00 Farkle

26  
10:00 Stretch & Strength Class  
10:15 Catholic Communion  
11:00 Bingo Bash!  
2:00 This Day In History  
3:00 Cooking Club: "Cinnamon Rolls"  
4:00 Dominoes  
6:00 Skip-Bo

27  
HERMANN PARK TRAIN RIDE  
10:00 OUTING: Hermann Park Train Ride  
10:00 Chair Aerobics  
11:00 Bingo Bash!  
1:00 Arm Chair Travel: New Zealand  
4:00 Dominoes  
6:00 Yahtzee

28  
10:00 Stretch & Strength Class  
11:00 Bingo Bash!  
2:00 Bible Study  
3:00 NEW RESIDENT PARTY: NEW FRIENDS & ROOT BEER FLOATS  
4:00 Dominoes  
6:00 UNO Card Game

29  
10:00 Grocery Shopping: "KROGER"  
1:00 Bingo Bash!  
2:00 Sittercise  
2:30 Country Store  
4:00 Sing A Longs w/ Ms. Delores  
6:00 Farkle  
YOM KIPPUR BEGINS SUNDOWN

30  
10:00 Let's Get Physical Exercise w/Mike  
11:00 Bingo Bash!  
1:00 Shuffleboard  
2:00 Five Card Draw  
3:00 Popcorn Social & Pictionary  
4:00 Dominoes  
6:00 Creative Coloring Social